

PRESS RELEASE

Grammy-nominated Pop Icon Taylor Dayne To Release Memoir TELL IT TO MY HEART Valentine's Day 2019 — How One Woman Rose Above Her Modest Upbringing to Manifest Her Own Success, Becoming a Chart-topping Singer/Songwriter Selling Over 75 Million Records, and Choosing to Become a Single Mother

February 14, 2019 — Los Angeles, CA — *Tell It to My Heart: How I Lost My S#*T, Conquered My Fear, and Found My Voice* captures Taylor Dayne's ascent against all odds, and the stories behind the dance soundtrack of our lives. From her early life growing up in a challenging blue-collar Long Island home in the 1960s and 1970s through her years touring as a chart-topping musician through New York, LA, Shanghai, London, Paris, and Tokyo in the 1980s and 1990s, she tells-almost-all about her experiences with renowned talents including Michael Jackson, Elton John, and Whitney Houston. Readers will be immersed in her enduring 30-year career, performing for audiences worldwide, as she raises twins as a single mother by choice.

Taylor has a powerful voice, not only as a singer, but as a storyteller as well. Her personal journey is proof that childhood reverie can become reality. The humor, strength, resilience and grace that led her to stardom are woven through the scenes of her book—showing how vulnerability turns out to be strength, and how strength comes from somewhere inside when you least expect it.

Tell It to My Heart should be read by fans, musicians, artists, and women of all ages. She inspires us to live our lives with courage—to raise our voices, to take action, to believe in ourselves, and to never give up on our dreams.

Taylor describes her memoir: "It's gritty, it's real, and it's truthful. It's about love, which is good even when it doesn't last, and God, who is good, even when it seems like He's being kind of a dick. It's also about friendship, but most of all, it's about the voice which was my salvation. At fifty-ffffrrshx, I feel like I'm the closest I've ever been to knowing peace, knowing who I am and what I need. Loving, learning, mentoring and mothering—these are tall tasks that require a strong backbone of authenticity and integrity. I hope this book will inspire readers to do the same."

Connect with the author:

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<https://www.youtube.com/user/taylordayne>

<https://itunes.apple.com/us/artist/taylor-dayne/17135>

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TELL IT TO MY HEART: *How I Lost My S#*T, Conquered My Fear, and Found My Voice* (Feb. 2019) by Taylor Dayne, with Dave Smitherman, 272 pages, 6 x 9, includes photos, ISBN: 978-1-948018-30-2, Hardcover, \$32; ISBN: 978-1-948018-31-9, Softcover, \$20; ISBN: 978-1-948018-32-6, eBook, \$9.99. Distributed by Ingram, Follett, Coutts, Bertrams, and Gardners. Wyatt-MacKenzie Publishing in Deadwood, Oregon, celebrates 20 years of publishing in 2018.

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